COOPERATIVE COPARENTING through Separation or Divorce™



Shielding Your Child from Conflict

A Video and Discussion Program for Coparents

Susan Boyan, LMFT
Ann Marie Termini, LPC

Cooperative Coparenting through Separation or Divorce has helped hundreds of thousands of families shield their children from the parental conflict that often accompanies separation or divorce. Now newly revised, this program contains the concepts, skills, and exercises that will help you create a healthy environment for your children while establishing a positive, long-term relationship with the other parent.

Learn powerful ways to communicate cooperatively, make coparenting decisions in the best interest of your children, and avoid the destructive effects that separation or divorce can have on a family.

HERE'S WHAT YOU'LL BE LEARNING:

- Loyalty conflicts and how to keep your child out of the middle
- Peaceful negotiation instead of escalating power struggles
- Business-like communication skills
- Managing anger (your own and the other parent's)
- How to deal successfully with financial issues

...and a lot more!







For more information and sample videos, go to www.ActiveParenting.com/CPD

Sign up today!

DATES: Tuesdays, 1/5-2/23 TIME: 12:30-2:30 PM

SPONSORED BY: Waypoint's Upper Valley Family Resource Center

LOCATION: Virtual via Microsoft TEAMS

TO REGISTER, CONTACT: Renée Casey

PHONE: 603.298.8237 EMAIL: uppervalleyfrc@waypointnh.org

ADDITIONAL INFO: Limited registration spots available, https://forms.cloud.microsoft/r/kmtdsuKPBj